

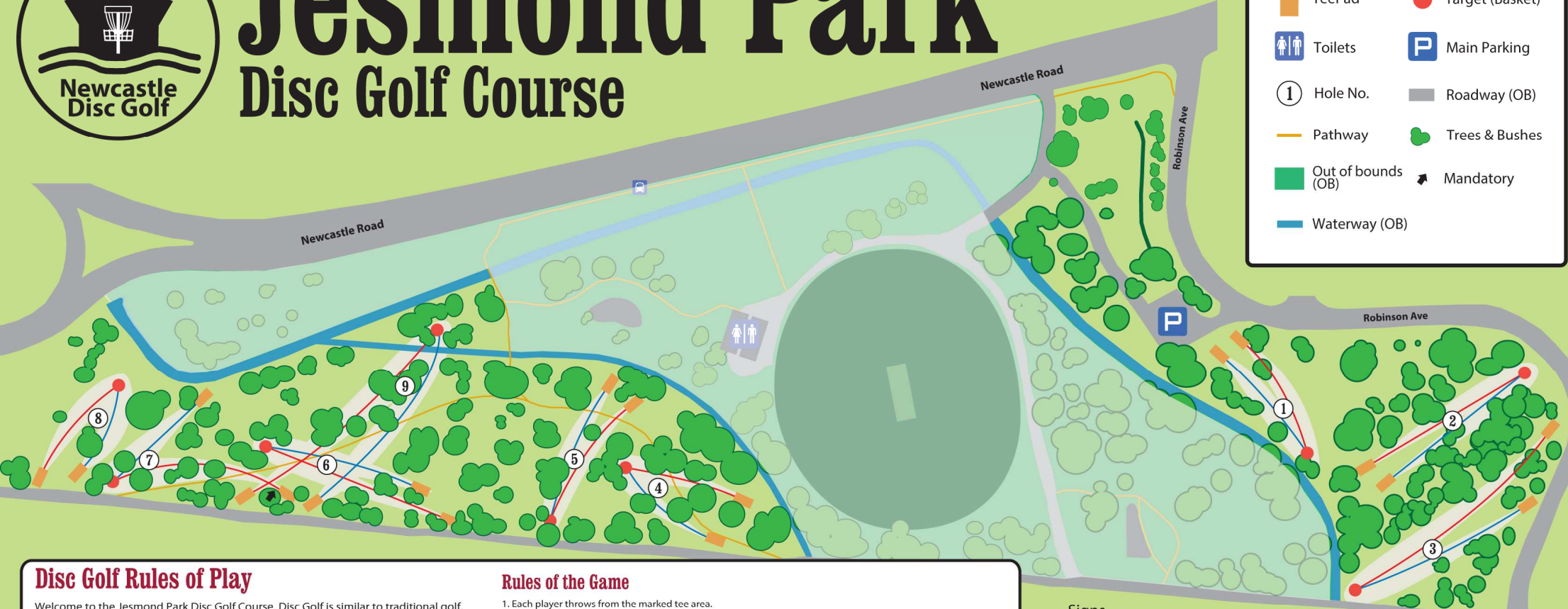


Jesmond Park

Disc Golf Course

Map Legend

- TeePad
- Target (Basket)
- Toilets
- Main Parking
- Hole No.
- Roadway (OB)
- Pathway
- Trees & Bushes
- Out of bounds (OB)
- Mandatory
- Waterway (OB)



Disc Golf Rules of Play

Welcome to the Jesmond Park Disc Golf Course. Disc Golf is similar to traditional golf, but instead of a ball and club players throw a plastic flying disc. The "hole" in Disc Golf is a raised basket with chains to catch the disc. The idea of the game is to complete the course in the least number of throws. This course is free to play for everyone.

Safety

1. Don't throw when other players or park users are within range or still completing the hole.
2. Check that paths are clear before making a throw.
3. Use due care and attention when retrieving discs from the canals.
4. Players must take responsibility for their actions and play at their own risk.
5. Please respect other course and park users and leave the course in good condition.

Out of Bounds

All roads, playgrounds, canals and the bike path at the back of the park are out of bounds. Use due care and attention when retrieving discs from out of bounds areas.

Rules of the Game

1. Each player throws from the marked tee area.
2. Subsequent throws are made from where the disc comes to rest (called the lie).
3. The player farthest from the basket is the first player to take their next throw.
4. The hole is completed when the disc comes to rest within the basket or basket chains.
5. A run up and follow through are allowed unless within 10 meters of the basket where the player is required to remain behind their lie until the disc comes to rest.
6. If the disc has an unsafe lie, such as in casual water, the next throw may be taken from the nearest lie behind the hazard, up to 5m back on a line from the basket.
7. A disc that comes to rest out of bounds is moved to within one metre in from the point where it last crossed the out of bounds (OB) line and 1 penalty stroke is added to the score.
8. If the disc come to rest in a tree, the next throw is taken underneath it with no penalty.
9. Remain quiet and avoid unnecessary movement while other players are throwing.
10. The winner is the player who finishes the course in the least number of throws.

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Hole Number	1	2	3	4	5	6	7	8	9	Total
Par	3	3	3	3	3	3	3	3	3	27
Distance (m)	67	76	81	69	64	86	62	51	76	632

Hole Number	1	2	3	4	5	6	7	8	9	Total
Par	3	3	4	3	3	3	3	3	3	28
Distance (m)	67	76	102	72	64	93	66	59	107	706

Estimated Playing Time is approximately 90 minutes

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